



# Simple ways to help care for your loved one

There are many things you can do to help improve the daily life of someone you love who has retinal disease<sup>1-3</sup>



**Make simple changes around the house** to improve lighting and contrast and reduce glare<sup>1,2</sup>



**Stay positive and encourage new interests** (like audio books instead of reading)<sup>3</sup>



**Provide a relaxing environment** at home for your loved one after doctor appointments



**Offer help with tasks when needed,** but try not to take over or be impatient<sup>3</sup>



**Help ease concern about paying for treatment** by letting them know about financial assistance options that may be available

## Encourage your loved one to take action



Keep scheduled eye doctor appointments and stick with the treatment plan



Bring a list of questions for the eye doctor and make a point to ask them



Use the Amsler grid at home to check for vision changes<sup>4</sup>



If you have retinal disease, make EYLEA part of the conversation with your eye doctor

## This is how you can help

Know the appointment schedule and provide reminders

Download a discussion guide at [EYLEA.com](http://EYLEA.com)

Download this self-testing vision tool at [EYLEA.com](http://EYLEA.com)

Learn more at [EYLEA.com](http://EYLEA.com)

### Remember: Your own care counts

We are here to help you support your loved one. Visit us at [EYLEA.com](http://EYLEA.com) to learn about more resources and support.

Brought to you by Regeneron  
Maker of



**EYLEA**<sup>®</sup>  
(aflibercept) Injection  
For Intravitreal Injection

Please see Indications and Important Safety Information on next page.

## INDICATIONS

- EYLEA® (aflibercept) Injection is indicated for the treatment of patients with Neovascular (Wet) Age-related Macular Degeneration (AMD), Macular Edema following Retinal Vein Occlusion (RVO), Diabetic Macular Edema (DME), and Diabetic Retinopathy (DR) in Patients with DME.

## IMPORTANT SAFETY INFORMATION

- EYLEA® (aflibercept) Injection is a prescription medication administered by injection into the eye. You should not use EYLEA if you have an infection in or around the eye, eye pain or redness, or known allergies to any of the ingredients in EYLEA, including aflibercept.
- Injection into the eye with EYLEA can result in an infection in the eye and retinal detachment (separation of retina from back of the eye). Inflammation in the eye has been reported with the use of EYLEA.
- In some patients, injections with EYLEA may cause a temporary increase in eye pressure within 1 hour of the injection. Sustained increases in eye pressure have been reported with repeated injections, and your doctor may monitor this after each injection.
- There is a potential risk of serious and sometimes fatal side effects related to blood clots, leading to heart attack or stroke in patients receiving EYLEA.
- Serious side effects related to the injection procedure with EYLEA are rare but can occur including infection inside the eye and retinal detachment.
- The most common side effects reported in patients receiving EYLEA are increased redness in the eye, eye pain, cataract, moving spots in the field of vision, increased pressure in the eye, and vitreous (gel-like substance) detachment.
- It is important that you contact your doctor right away if you think you might be experiencing any side effects, including eye pain or redness, light sensitivity, or blurring of vision, after an injection.
- EYLEA is for prescription use only. For additional safety information, please talk to your doctor and see the full Prescribing Information for EYLEA.
- You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

**References:** **1.** Vision loss and blindness. Family Caregiver Alliance Web site. <https://www.caregiver.org/print/22233>. Accessed October 20, 2016. **2.** Low vision aids and low vision rehabilitation. American Academy of Ophthalmology (AAO EyeSmart) Web site. <http://www.aao.org/eye-health/diseases/low-vision-aids-rehabilitation>. Accessed October 20, 2016. **3.** Reactions to vision loss. American Foundation for the Blind, VisionAware Web site. <http://www.visionaware.org/info/get-connected/family-involvement/reactions-to-vision-loss/125>. Accessed October 20, 2016. **4.** Low vision resources center—Amsler grid. Prevent Blindness Web site. <http://lowvision.preventblindness.org/vision-tests/amsler-grid/>. Accessed October 20, 2016.



Please see full Prescribing Information available at [EYLEA.com](http://EYLEA.com).

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