



# Tips to help with vision

Just a few changes may make a big difference in your daily routine



## Control light, contrast, and glare<sup>1,2</sup>

- Keep rooms evenly lit, use adjustable lamps for direct light, and use nightlights
- Use contrasting colors around the house—for example, paint doorframes and railings a different color from the walls



## Take charge of your kitchen<sup>1,2</sup>

- Organize items on shelves, in cabinets, and in the refrigerator
- Mark appliance dials with brightly colored stickers



## Manage your medicines<sup>1,2</sup>

- Mark pill bottles with differently colored rubber bands or Velcro to tell them apart
- Use large-print pill boxes



## Improve your view<sup>1-5</sup>

- Read with a magnifying glass
- Read large-print materials
- Enlarge the type size on your computer, and maximize contrast settings



## Stay organized<sup>1,2</sup>

- Keep commonly used items in the same easy-to-reach places
- Remove clutter, cords, and throw rugs



## When you are out and about<sup>1,6</sup>

- Carry a magnifying device and a penlight or small flashlight
- Wear sunglasses to reduce glare
- Talk to your eye doctor about driving, and avoid driving at night

**Talk to your eye doctor, and ask if EYLEA is right for you**

Visit [EYLEA.com](http://EYLEA.com) for resources and support

Please see Indications and Important Safety Information on next page.

Brought to you by Regeneron  
Maker of



**EYLEA<sup>®</sup>**  
**(aflibercept) Injection**  
For Intravitreal Injection

## INDICATIONS

- EYLEA® (aflibercept) Injection is indicated for the treatment of patients with Neovascular (Wet) Age-related Macular Degeneration (AMD), Macular Edema following Retinal Vein Occlusion (RVO), Diabetic Macular Edema (DME), and Diabetic Retinopathy (DR) in Patients with DME.

## IMPORTANT SAFETY INFORMATION

- EYLEA® (aflibercept) Injection is a prescription medication administered by injection into the eye. You should not use EYLEA if you have an infection in or around the eye, eye pain or redness, or known allergies to any of the ingredients in EYLEA, including aflibercept.
- Injection into the eye with EYLEA can result in an infection in the eye and retinal detachment (separation of retina from back of the eye). Inflammation in the eye has been reported with the use of EYLEA.
- In some patients, injections with EYLEA may cause a temporary increase in eye pressure within 1 hour of the injection. Sustained increases in eye pressure have been reported with repeated injections, and your doctor may monitor this after each injection.
- There is a potential risk of serious and sometimes fatal side effects related to blood clots, leading to heart attack or stroke in patients receiving EYLEA.
- Serious side effects related to the injection procedure with EYLEA are rare but can occur including infection inside the eye and retinal detachment.
- The most common side effects reported in patients receiving EYLEA are increased redness in the eye, eye pain, cataract, moving spots in the field of vision, increased pressure in the eye, and vitreous (gel-like substance) detachment.
- It is important that you contact your doctor right away if you think you might be experiencing any side effects, including eye pain or redness, light sensitivity, or blurring of vision, after an injection.
- EYLEA is for prescription use only. For additional safety information, please talk to your doctor and see the full Prescribing Information for EYLEA.
- You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

**References:** **1.** Low vision aids and low vision rehabilitation. American Academy of Ophthalmology (AAO EyeSmart) Web site. <http://www.aao.org/eye-health/diseases/low-vision-aids-rehabilitation>. Accessed October 20, 2016. **2.** Tips for living life to its fullest: tips for low vision. American Occupational Therapy Association (AOTA) Web site. <https://www.aota.org/~media/Corporate/Files/AboutOT/consumers/Adults/LowVision/Low%20Vision%20Tip%20Sheet.ashx>. Accessed October 20, 2016. **3.** Options for reading on the Internet with a computer. American Foundation for the Blind, VisionAware Web site. <http://www.visionaware.org/info/everyday-living/helpful-products/using-a-computer/options-for-reading-on-the-internet/1245>. Accessed October 20, 2016. **4.** Windows accessibility options for people who are blind or have low vision. American Foundation for the Blind, VisionAware Web site. <http://www.afb.org/info/living-with-vision-loss/using-technology/using-a-computer/part-ii-for-the-experienced-computer-user-with-a-new-visual-impairment/windows-accessibility-options/12345>. Accessed October 20, 2016. **5.** Apple OS X accessibility options for people who are blind or have low vision. American Foundation for the Blind, VisionAware Web site. <http://www.afb.org/info/living-with-vision-loss/using-technology/using-a-computer/part-ii-for-the-experienced-computer-user-with-a-new-visual-impairment/apple-os-x-accessibility-options/12345>. Accessed October 20, 2016. **6.** Wolfe PR. *Macular Disease: Practical Strategies for Living With Vision Loss*. 2nd ed. New Richmond, WI: Park Publishing, Inc.; 2011.

Please see full Prescribing Information available at [EYLEA.com](http://EYLEA.com).

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